



THE UNIVERSITY of EDINBURGH

Ethnicity & Health

MODIFYING HEALTH PROMOTION INTERVENTIONS  
TO MEET THE NEEDS OF ETHNIC MINORITY GROUPS

## *Ethnicity and Health Conference*

“How to modify health promotion interventions to meet the needs of ethnic minority groups: dissemination of research findings”

Wednesday 2 February, 2011

10:00 am – 4:30 pm

9:30 am - registration & coffee

John McIntyre Conference Centre  
18 Holyrood Park Road, EH16 5AY  
Edinburgh, United Kingdom

This conference aims to engage potential users of ethnicity health research with findings from our Medical Research Council-funded, multi-method study looking at health promotion interventions which are effective in modifying smoking, physical activity and dietary behaviours in South Asians, Black and Chinese-origin populations. Findings from our systematic overview, systematic review and qualitative interviews will be presented for consideration in the workshops and group discussions.

**Conference Chair:** Dr. Laurence Gruer, Director of Public Health Science, NHS Health Scotland

### Workshops:

1. Theoretical considerations: principles of adaptation and behaviour change
2. Methodological reflections on complex systematic reviews
3. Translation of our research findings into practice
4. Translation of our research findings - identifying key future research themes

**Workshop Facilitators:** Aziz Sheikh, Professor of Primary Care Research and Development, The University of Edinburgh, Raj Bhopal, Professor of Public Health, The University of Edinburgh, Susan Michie, Professor of Health Psychology, University College London, Martin White, Professor of Public Health, Newcastle University, Dr. Ash Samanta, Consultant Rheumatologist, Leicester Royal Infirmary and Chair for the Leicester Centre for Ethnic Health Research Expert Patient Panel, Mark Johnson, Professor of Diversity in Health & Social Care, De Montfort University, and Dr. Gina Netto, School of the Built Environment, Heriot Watt University.

Please register online for the conference (there are no registration costs)

<http://www.chs.med.ed.ac.uk/ethnicity-and-health/2011ethnicityHealthConference.php>

For further information on the conference please contact:

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Please visit our website <http://www.chs.med.ed.ac.uk/ethnicity-and-health/>





## FULL CONFERENCE PROGRAMME

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9:30 Coffee & Registration

10:00 Welcome - **Dr. Laurence Gruer**

10:10 Project overview - **Prof. Aziz Sheikh**

10:20 Project findings: systematic overview and systematic review - **Dr. Umar Yousof** NHS Grampian, **Smitha Kakde** The University of Edinburgh, **Dr. Cecile Wabnitz** The University of Edinburgh, **Dr. Emma Davidson** Research Fellow, The University of Edinburgh & **Jing Jing Liu** Research Associate, The University of Edinburgh

10:50 Project findings: qualitative interviews - **Dr. Emma Davidson & Jing Jing Liu**

11:20 Coffee break

11:50 Synthesis of findings - **Dr. Emma Davidson & Jing Jing Liu**

12:20 Discussion & Questions

1:00 LUNCH

2:00 Workshop/discussion groups

- Theoretical considerations (principles of adaptations) - **Prof. Susan Michie & Dr. Gina Netto**
- Methodological reflections on complex systematic reviews - **Prof. Martin White**
- Translation of our research findings into practice - **Dr. Ash Samanta & Prof. Mark Johnson**
- Translation of our research findings – identifying key future research themes - **Prof. Raj Bhopal**

3:15 Coffee break

3:30 Workshop feedback/Panel discussion - Chairs: **Prof. Raj Bhopal & Prof. Aziz Sheikh**

- Implications of the research findings
- Prioritising future research

4:20 Closing remarks - **Dr. Laurence Gruer**

4:30 END